TRAUMA-INFORMED CARE STRATEGIES FOR HOME VISITING

PARENTS

- Weighting caseloads
- Building a strong support system
- Retaining the same families that home visitors worked with during the pandemic on their caseload
- Learning from the experience of the past lockdowns
- Leveraging technology for future virtual services
- Preparing basic household items for families in need
- Training virtual home visiting skills

Promoting Positive Parenting Skills

- Sharing information about trauma
- Improving parenting skills
- Coaching how to respond to children’s concerns in an age-appropriate way

Helping Parents to Empower Children

- Supporting children’s acquisition of coping and self-regulation skills

Integrating Cultural Sensitivity in Services

CHILDREN

- Trauma Screening
  - Evaluating traumatic stresses
  - Assessing needs
- Helping with Situations where Children Exhibit Signs of Trauma
- Being Coaches for Parents
- Referring Children to Resources

ADMINISTRATORS

- Maintaining a Strong and Stable Workforce
  - Weighting caseloads
  - Building a strong support system
  - Retaining the same families that home visitors worked with during the pandemic on their caseload
- Strengthening and Expanding Relationships with Community Organizations
- Being Prepared for Re-Closures
  - Learning from the experience of the past lockdowns
  - Leveraging technology for future virtual services
  - Preparing basic household items for families in need
  - Training virtual home visiting skills

Find out what these strategies look like in practice at: **BIT.LY/IWERC_TIC**
**TRAUMA-INFORMED CARE STRATEGIES FOR EARLY CHILDHOOD EDUCATION AND CARE (ECEC)**

**PARENTS**
- Supporting Parents Interested in Enrollment
  - Providing connections and tours
  - Connecting with other parents to hear about their experience
- Collaborating with Parents to Support Child Psychological Wellbeing
  - Sharing with parents information regarding symptoms of stress
  - Constantly providing updates and sharing photos

**CHILDREN**
- Facilitating a Smooth Transition
  - Familiarizing children with the ECEC setting with a parent companion
  - Inviting children to bring a comfort item
- Providing a Responsive, Sensitive, and Consistent Daily Routine
  - (Re)connecting children with teachers and staff
- Supporting Children to Adapt to New Safety Routines
  - Explaining the rationales for adopting these routines in a fun and engaging way
- Empowering Toddlers
  - Nurturing autonomy

**ADMINISTRATORS**
- Supporting Children during the Transition
  - Teacher looping
- Reducing or Eliminating Stigma Linked with COVID-19
  - Adding guidelines to respect diversity in curricula and activities
  - Setting protocols to maintain confidentiality about illness and quarantine
- Emphasizing the Development of Socio-Emotional Skills in Curricula
  - Teaching children to verbalize their feelings and resolve problems
  - Adding yoga and mindfulness classes
- Preparing for Inevitable Re-closures
  - Training and supporting teachers in remote learning skills and practices
  - Strengthening support for parents with remote learning

Find out what these strategies look like in practice at: [BIT.LY/IWERC_TIC](https://bit.ly/IWERC_TIC)